

Recommended Books for Contemplatives

Disclaimer— To read any of these books, Tertiaries should have the approval of a prudent spiritual director:

- Interior Castle by St. Teresa of Jesus
- Ascent of Mount Carmel by St. John of the Cross
- Dark Night of the Soul by St. John of the Cross
- Poetry of St. John of the Cross
- Common Mystic Prayer by Father Gabriel Diefenbach, O.F.M. Cap.
- Third Spiritual Alphabet by Fray Francisco de Osuna
- Spiritual Letters by Abbot Chapman
- The Sanctifier by Archbishop Luis M. Martinez
- Reflections from the Mirror of a Mystic by Bl. John Ruysbroeck
- From the Eucharist to the Trinity by Fr. Marie-Vincent Bernadot, O.P.
- The Mystical Knowledge of God by Dom. S. Louismet, O.S.B.
- The Mystical Life by Dom. S. Louismet, O.S.B.
- Mysticism—True and False by Dom. S. Louismet, O.S.B.
- Divine Contemplation for All by Dom. S. Louismet, O.S.B.
- The Mystery of Jesus by Dom. S. Louismet, O.S.B.
- Mystical Initiation by Dom. S. Louismet, O.S.B.
- Burning Bush by Dom. S. Louismet, O.S.B.
- Fruits of Contemplation by Fr. Victorino Osende, O.P.
- Christian Perfection And Contemplation: According To St. Thomas Aquinas And St. John Of The Cross Fr Reginald Garrigou-Lagrange, O.P.